

This is a Tappy Feet® Game—Happy Tapping!



Reverse It

Players: 1+

Levels: Beginning – Advanced

Objectives:

- To learn the components of a tap step so well you know them forward and backward
- To create new tap steps and/or compose new choreography without reverting to old habits (i.e. such as putting 1.5 million flaps in your tap number.)
- To explore whether or not various tap steps work seamlessly next to one another and thus, to practice balance and weight-transfer from foot to foot
- To be absolutely ridiculous and laugh at your innovative creations

Instructions:

- Pick a card from the deck that is made up of 2 or more sounds. Advanced dancers may want to pick a card with 4 or more sounds (provided they already know the single-sound steps. No matter your level, if you are still learning single-sound steps, pick a card with a smaller number of sounds, in case you need to look them up.)
- Read your card and try to perform the step. If you're struggling with the tap step and you've purchased the set of beginning tap step videos at www.mytappyfeet.com/resources, you can look up how to do the step there.
- Once you've learned how to perform the step, there are two ways to "Reverse It."
 - Read the top row of the chart on the card from right to left instead of from left to right
 - For instance: "Shuffle Ball Change (Brush, Spank, Ball, Step or Ball)" becomes "Step or Ball, Ball, Spank, Brush". You now have a new step! Does it flow together nicely? How could you adapt it to make it work better?
 - Swap sounds for their opposite sound.
 - "Toe drop" becomes "Heel drop," and vice versa
 - "Brush" becomes "Spank" and vice versa
 - "Scuff" becomes "Spank" as well, and vice versa
 - "Ball" becomes "Dig" or "Heel drop"
 - "Dig" becomes "Tip" and vice versa
 - Note: We usually write the reverse of each step up on the mirror in dry erase marker so we can check ourselves as we work on reversing our steps.
 - For instance: "The Matt (Ball, heel drop, heel drop, scuff), becomes "Heel drop, toe drop, toe drop, spank." Check out your new step. Does it work? Do you need to adapt it in order to make it comfortable? Can you easily throw it into your choreography?
- Try reversing multiple cards while keeping in mind the objectives of this game. If you create something that doesn't quite work, draw a new card and start over.
- If you are playing this in a group, complete the game by sharing the tap steps you have created.

We would love to hear about what you have created and how you've used the Tappy Feet® Tap Step Cards! Go online at mytappyfeet.com/resources/ and tell us about your experience!